



INTERNATIONAL SOCIETY FOR KRISHNA CONSCIOUSNESS
Founder Acharya: His Divine Grace A. C. Bhaktivedanta Swami Prabhupada

HARE KRISHNA NEWS

March / April 2020



With the risk of the COVID-19 pandemic, the organisers of the Durban Festival of Chariots have decided to postpone the much-loved festival to a more appropriate time, later this year. The decision has been taken in careful consultation with all stakeholders, who place the health and safety of local and international guests, participants and the greater community as top priority. The family oriented cultural festival, planned for the Durban Beachfront, was scheduled for the Easter weekend this year. The organisers look forward to sharing the new dates and plans for the exciting festival soon.



In this Issue

Durban Festival of Chariots Special	3
Living with Srila Prabhupada Now is the Time	10
Marriage Matters The Stay-High Marriage	11
Oh Govinda! Pray Like Your Love Depends on It	12
Poetry Dear Bhagavatam	13
The Vaishnava Chef More-ish Cinnamon Buns	14
For the Kids Krishna Word Search	15

Temple Directory

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Facilities Manager	Deepak 076 541 6661
Festival Manager	Balaram 082 881 4521
Finance	Nityananda 083 557 9140
Youth Officer	Sudhir 079 144 0003

General Queries 031 403 3328 o/h 9am – 5pm

Contact the Temple directly for the following departments:

Back to Godhead Queries (Wednesdays only 9am – 2pm)

Book Table (10am – 8pm)

Breakfast/Lunch Sponsorships

Bhakti Devi 031 403 4600 or tck@iskcondurban.net

Govinda's Restaurant

(9:30am – 6:30pm. Direct line 031 403 4600)

Radhanath's Gifts (10am – 6pm)

Take Care of Krishna – Bhakti Devi (Retail Manager)

Departments

Book Distribution	Krishna Baladev 082 551 8047
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Design and Layout by Lashika Ravjee - 082 309 2396



@ The Festival

The Radha Radhanath Shop will not be at the festival this year. The good news is that you can still find our branded apparel, a beautiful selection of maha jewellery (jewellery that has been personally worn by Sri Sri Radha Radhanath or Sri Chaitanya Mahaprabhu or Sri Giriraj Govardhan) at the Gift Shop. Also look out for our authentic ShweShwe fabric rhinos and cows that have been offered on the altar on Sri Gaura Purnima, . All our items will carry a special tag with the above logo.



@ The Festival

Lord Jagannath, Baladeva and Subhadra Devi will come out for the parade on Friday 10 April. After the parade Their Lordships will return to Their home, New Jagannath Puri Temple, in Phoenix. You are invited to visit Their Lordships at Their home. Special arrangements have been made to facilitate public offerings. Offering times:

Friday 10 April 7am-9am & 2pm-8pm

Saturday 11 April 7am-8pm

Sunday 12 April 7am-8pm

Monday 13 April 7am-8pm

Offering plates of lamps, incense, flowers and fruits will be available. And prasad will be served.

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To Come and Dance Together

“The International Society for Krishna Consciousness is a non-racial society, dedicated to the upliftment of all people. Given the past prejudices in South Africa, ISKCON has a special role to play in achieving social cohesion in South Africa by teaching genuine and lasting equality on the basis of the soul, where all living beings are equal as children of the Supreme Lord, and we cherish and aspire towards the ideal of a rainbow nation.” (ISKCON South Africa Constitution)

The diverse traditions and cultures in South Africa are, in essence, all connected to Lord Krishna, and Srila Prabhupada’s teachings has the unique ability to re-ignite that connection of all South Africans with Krishna and thus with each other. Therefore, all devotees in South Africa—the leadership, managers, congregations—anyone dedicated to the mission of Srila Prabhupada has a responsibility to guide and participate in ISKCON’s outreach activities with the above-mentioned preamble in mind: establishing a platform for all people of South Africa to learn about the lasting equality of the soul and meaningfully progress towards the ideal of a rainbow nation.

An evaluation scorecard of how we have fared in this outreach responsibility reflects that there is much opportunity for improvement to achieve social cohesion using the spiritual technologies

Srila Prabhupada taught. Acknowledging this, the ISKCON South African National Council resolved that necessary strategic and operational adjustments be implemented in our various outreach initiatives beginning with ISKCON South Africa’s signature event: the Durban Festival of Chariots held annually over the Easter weekend. As Srila Bhaktivinoda Thakur, the great pioneer commented, “Progress means to make adjustments along the path to reach the goal.”

“...the diverse people of South Africa to share the best of themselves on one stage, in one event with the intention of breaking down barriers of ignorance, fear, and doubt that still plagues this country so many years after apartheid.”

Srila Prabhupada envisioned his ISKCON to be a cultural presentation for the re-spiritualization of human society. The 2020 Durban Festival of Chariots is thus aimed at facilitating the diverse people of South Africa to share the best of themselves—their culture and traditions—on one stage, in one event with the intention of breaking down barriers of ignorance, fear, and doubt that still plagues this country so many years after apartheid. With fears and doubts reduced, the festival will share the healing spiritual potency in the form of the holy names, mass *prasada*

distribution, thoughtfully presented philosophy, and saintly association. In 2013, under the guidance of Indradyumna Swami, a similar event garnered unprecedented appreciation for ISKCON and its contribution to social cohesion from all levels of government, business sectors, and religious groups. No other ISKCON event in South Africa ever generated a more significant outreach impact and favourable support for our missionary activities.

The 2020 Durban Festival of Chariots, with its Culturally Many Spiritually One theme will be an event that is inclusive, appealing, thought provoking and one that is closely anchored to Srila Prabhupada's missionary spirit.

In support and appreciation of Srila Prabhupada's non sectarian teachings, the eThekwin Municipality will partner with the festival and have approved of it to be hosted on the prestigious Durban North Beach Amphitheatre and Bay of Plenty grounds. We have also secured the use of the Pavilion for free food distribution and the Old Durban Drive In for free park and ride service.

While the festival has much support from the Durban city, we want to most importantly secure the support and participation of Srila Prabhupada's loyal followers. This event will provide us with ground-breaking opportunities to boldly establish Srila Prabhupada's movement as the fore runner in solving the seemingly unsolvable problems of the world.

Please support the festival, encourage the organizers, and directly participate by offering your time, energy, and financial assistance. We have included a detailed festival directory of the overall and departmental management to facilitate your involvement. If you have a concern or a need for clarification about the direction of the festival, I am eager to assist you.

Brahmananda Das, former leader for the Africa continent, recalls Srila Prabhupada's final instructions to him: "'This is what I want in Africa,' and Srila Prabhupada said, 'In South Africa, I want the Europeans, Indians, and Africans to come and dance together.' That's all he said. I mean, can you imagine? (Brahmananda starts to cry.) This is Prabhupada."

Let us be inspired to organise a festival where all races of our rainbow nation come and dance together. Let that be our sincere and dedicated attempt. We have to only please Srila Prabhupada, and wait for the results to be given by the Lord.

Hare Krishna.

Swarup Damodar Das
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Durban Festival of Chariots Executive Committee

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Volunteer @ the Festival!

Want to get involved or need more information? We would love to have you as a volunteer. Check out the directory below to find your perfect fit!

Department	Contact Person	Email
Body Art	Nikunja Vilasini	nitamahab@gmail.com
Children's Theme Park	Krishni	krajcoomar8@gmail.com
Colour Splash Beach Stage	Rukmini	rukminidd.kks@gmail.com
Culturally Many Seminars	Smita Krishna	smilingkingevents@gmail.com
Exhibitions	Nitya-radhika	nbaboolall@illovo.co.za
Finance	Bhaktivinoda Thakur	vinod@ipm-sa.co.za
Free Food Distribution (FFL)	Gomatila	yoshan@fflsa.org
	Vrindavana Chandra	vireshpanday@gmail.com
Fundraising	Vibhu Caitanya	vcd.kks@me.com
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Volunteers' Prasada	Krishna Baladev	singhk2@saps.gov.za

DURBAN



Festival of Chariots

2020 Highlights



ON THE PROMENADE:

The colourful parade starts at 11am on **Friday 10th April**. Accompanied by musicians, traditional African dancers, Scottish bagpipes, horses, magicians, clowns, stilt walkers, and thousands of dancing and singing festival goers, the traditional fifteen-metre-high chariots will roll down the prestigious Golden Mile and stop at the festival site at Bay of Plenty, North Beach.





ON THE LAWNS:

Amphitheatre Stage

A venue for a remarkable lineup – Choir and kirtan, ground acts with strength poles, **acrobat duos**, wheel and juggling cubes, a variety of Western, Eastern and African dance forms, classical and contemporary music and song, a special children's concert and two theatre productions, **The Divine Song** and **Three Cosmic Steps**, by world famous writer and director Bhaktimarga Swami, interspersed with deep, spiritual messaging – all weaved into a dynamic showcase of our rainbow nation culture.

Children's Theme Park

Kids are in for a treat at the tailored children's theme park. **target paintball** shooting, face painting, a picnic and **circus** show, a pamper station, crafts, slime workshops, sand art and a **"Cave of Horror"** are some of the delightful attractions.

Don't miss out on the Young Masterchef competition, kids' movies and the **Easter Egg Hunt** with the Easter bunny. Three sessions with children's **Drum Café** will also spill onto the main and beach stages. Treats and prizes galore! And, parents can chill in our tea garden while the kids have a blast.



Veg and Vegan Food Fair

Feeling for something different to the delicious, **free wood-fire biryani** served daily at the festival? You will be spoilt for choice. Pizzas, burgers and bunnies, saucy pastas and tramezzini's, **nachos** and burritos, Chinese noodles, decadent sweets and savouries, milkshakes, cakes and waffles, nutritious smoothies, **fresh pressed juices**, health rolls and wraps – the food court has it all. Freshly prepared and served with love.





Retail Fair

Potter around in the retail marquee and invest in good locally sourced and imported items – refined silks and quality cotton apparel, exotic and contemporary jewelry, gifting, stationery, natural perfumes, soaps and incense, hand crafted beadwork and weaves, art, cultural items, devotional paraphernalia and much more.

Body Art

Be a little adventurous with glitter face paint, temporary trendy tattoos and intricate henna designs done by skilled artists in quaint little stands sprawled around the site. All materials are non-toxic.

Lifestyle

Stay a while and listen to health and wellness experts, life coaches, motivational speakers, good food demonstrators, mainstream medics and alternate healers – sharing practical, sagacious advice on optimal living.

Seminars

Spend quality time with local professionals from a range of designations in the city as they lend their voices and share their insights on topical and relevant issues affecting South Africans and global citizens today, with the goal of seriously moving the social cohesion agenda forward.





ON THE BEACH



Colour Splash Arena

3pm to 5pm | Free entry for all events

Friday 10 April

Soundscape – Many Voices One Song

Let our voices come together — Reggae, Hip-Hop, Soul and more. Evolve through sacred sound. The song of life.

Saturday 11 April

D.A.N.C.E – Many Bodies One Motion

Flex, stretch, twirl, spin and leap. From traditional to contemporary, the experts take the stage and teach us how. Let your body speak. Unite in motion.

Sunday 12 April

Colour Splash – Many Colours One Spirit

Live with Purple Hope and Yellow Smiles. Love and Peace in Red and Blue. Search for Orange Truth with Pink Compassion. Be colour free! First pack of four colours is free. Come dressed to be messed.

Monday 13 April

Drums & Tales – Many Stories One Message

Enter the circle and let your hands meet the drum in loving union. Let our stories move you, shift you into a timeless space of truth-filled-tales. ...And our heart's find its common beat.

Aerial Fireworks

The spectacular show is scheduled for **Saturday 11 April** on Bay Pier at 10pm.



Now is the Time

Living with Srila Prabhupada

By Gaura Bhumi Devi Dasi

“The message of Krishna cannot wait for a change in Indian politics. It is not dependant on who rules. The teachings of *Bhagavad-gita* are so important — so exclusively important — that it cannot wait.” The words crackled through the air like a whip and struck the core of Abhay’s soul. All of his previous opinionated beliefs crumbled in the face of the truth. He was left with a seed of determination and urgency sewn into his soul. His spiritual master had paved the direction his life would now take.

Some greats of history became renowned by their desire to do good for others. No amount of opinion

from the masses is ever going to change the truth, however few advocates of truth there may be. Historically, numerous thinkers tried their utmost to instil a level of compassion and integrity in society. More often than not, their ideas fall short of being soul worthy and barely scratch the surface. The Vedas, the ancient scriptures from India, conclude that the greatest perfection of humanity is to realise its’ relationship with the Absolute Truth. Srila Prabhupada often remarked that he had come to teach us what we had forgotten.

A prominent aspect noted in Srila Prabhupada’s life is the way he shared *bhakti-yoga* with such urgency and vigour. There was no trace of

“...he wove a tapestry of Krishna magic, unlike anything ever seen before.”

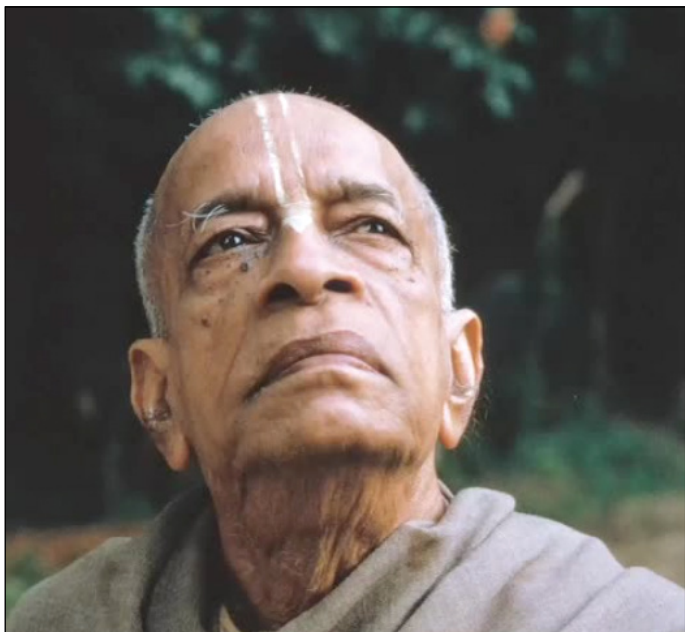
Sally Agarwal, Srila Prabhupada’s first host in America, remembers that he arrived with just the

clothes on his back, a typewriter, books, and a bag of cereal. In those days, he would often walk to Commonwealth Pier to check when the next ship back to India was scheduled. Life was a struggle and he longed for Vrindavan. Yet, he bided his time. The time was not right. Eventually, he established his groundwork in the aptly described “armpit of the universe,” The Bowery. He proved that, “Yes, even there, people can become Krishna conscious given time.” In a span of twelve years, he wove a tapestry of Krishna magic, unlike anything ever seen before. He slept less than four hours daily, translating, and guiding humanity towards eternal satisfaction and happiness. He wanted to save the world and knew that the message of Krishna was most essential.

“Krishna consciousness is not blind religious fanaticism or a revolt, but an authorised scientific approach to the matter of reality. Achieve the highest perfection of life attainable in this existence. We are not given this human form of life to work hard like a pig or dog. If you don’t want perfection, then work hard for scraps of bread.”

If this is not urgency, than what is? If now is not the time, than when is? Dare we live for Krishna? Every second of every minute of every day—live for Krishna.

(All quotes from the article, *The Urgent Need for Krishna Consciousness* by Srila Prabhupada, published in *Back to Godhead*, issue no. 47.)



The Stay-High Marriage

Marriage Matters

by Partha Das and Uttama Devi Dasi

How can marriages stay high? A mood of appreciation directly activates brain regions associated with the neurotransmitter dopamine, the feel-good hormone. In the honeymoon stage of marriage, we are flooded with dopamine, appreciating everything about our spouse. With time, however, we each begin to notice things about the other that are irritating. I like to go to the airport two hours early and my wife likes to go at the last minute; she likes the resource materials neatly filed and stacked in drawers and it's so much easier for me to find when its spread out on the desk...and so on times 103 — and that's 100% normal. Successful couples, over time, change what they can, negotiate what they can't, and have a culture of appreciation what overrides or eclipses the inevitable irritations of living with a life partner. They learn the dance of bringing disharmony into harmony.

“So development of spiritual life means development of this appreciation, that's all.”
(Srla Prabhupada Lecture on 19/08/72)

Research has shown that long term married couples can have no black and white solutions for 69% of their challenges and still be happy in their marriage. As Srla Prabhupada said there can be a disagreement between husband and wife but it will be like a thunderbolt with no rain. However, if the couple has a negative bias, a lack of appreciation, resentment and a dry relationship, a thunderbolt can wreak havoc. Near us, in British Columbia, Canada, on a dry summer day, a thunderbolt started a 14,000-acre forest fire.

We all know someone close to us who has experienced havoc in their marriage and has been through a divorce. For a moment recall how that directly or indirectly affected you. I'll bet your dopamine is not flowing.

Many years ago we went through a difficult time, which, with other contributing factors, created tensions in our relationship. At a certain point, we made a commitment to work things out and improve our connection. This certainly involved a lot of understanding, collaboration, mutual compassion and an increasing culture of appreciation. The result today is that we have an ongoing warm and affectionate relationship.



Love is kept alive in the moments that let your partner know they are valued during the everyday interactions in life, not in fancy gifts or special vacations.

To cultivate being happy where we are, we need to appreciate what we have. So, to keep that dopamine flowing, here are suggestions to help you sustain that attitude of gratitude:

1. Start an appreciation journal (or jar) about life in general and specifically about your spouse. Commit to writing every day or two, and sharing some of your gratefulness with your spouse.
2. We all need to feel appreciated. Have an open dialogue with your partner about what you both need to feel appreciated and loved.
3. The work of Gary Chapman casts light on how individuals receive love and appreciation in different primary ways. Take this online quiz to help you identify what you and your spouse's needs are: <https://www.5lovelanguages.com/profile/>
4. Have an appreciation ritual during times of daily transitions, eg. While going to bed, leaving or coming home, or while sharing a meal.

Some things your partner does may still irk you. Try making a request for what you need, prefaced with a few appreciations. Srla Bhaktivinoda Thakur said that love takes place when we open our heart to another person.

The Grihastha Vision Team explores how to maintain a healthy, respectful, affectionate heart to heart, connection in marriage. This is a subject every couple should thoughtfully navigate with sensitivity, mutual respect, honesty, and compassion understanding that the integrity and health of their marriage is an essential part of their spiritual life and Srla Prabhupada's mission. For more info: <https://vaisnavafamilyresources.org/about/>

Pray Like Your Love Depends On It

Oh Govinda!

By Acyuta Gopi

Today is a day to honour one of my favorite teachers, and one of my all time inspirations within the Bhakti tradition: Srila Bhaktivinoda Thakur. He was a writer, a poet, a philosopher, a magistrate, and a father, among other things. Above all though, he was an intense lover of God and a seeker of that spirituality that leads us all closer to the embrace of our Supreme Beloved.

After spending much time with his poetry and songs, I felt moved to tell myself one message today. Pray like your love depends on it. We often hear that we should do things as though our lives depend on it, but many of us have also been in situations where we feel like if we do not find the love that our heart is hankering for, we will die. So our lives and our love often become intertwined to the point where we do not think we can have one without the other. So I urge myself to pray, not like my life depends on it, but like my love depends on it.

We do so much in the name of love, until it seems as though love drives every single action of ours. Love can become our inspiration to work hard, our motivation to achieve a better life, and it can become our saving grace when we find ourselves in the midst of obstacles. Love can be our comfort and love can be what ultimately pushes our lives to the next level.

Why then, don't we take that same principle and let it guide the way we pray? Love can sometimes awaken an all-encompassing obsession within us. Love can take over our mind, body and soul until our entire being is immersed in our Beloved. In my opinion, and from sitting with the songs of the great teachers, this is what our

spirituality should be. We should be so swept away by our Beloved that our Supreme Goal is all that we can think of.

We can often wonder what the right way to pray is. What is the right thing to pray for? I have been encouraging myself to be as real and honest with my prayers as possible. How wonderful would it be to find at least one person that we can be completely open and honest with, knowing that this person wouldn't judge us harshly, and they wouldn't desert us, but instead, our being so open with them would make them grow that much closer to us? We have that. We all have that relationship with our Supreme Beloved. No matter what we tell Him or Her, it will not cause us to drift farther away from Them, but we will continuously grow closer to the object of our love.

Just open your heart and be completely vulnerable, honest and raw with your Beloved.

What, then, should we be afraid of? We should be opening our hearts as much as we can to Love,

knowing that our Beloved will always be there to listen to us and to offer the best advice. We just have to remain open to hearing Him.

We must pray with a heart consumed by Love.

Today, on this auspicious day when it is a beautiful time to remember the examples of the great teachers in our line of devotional love, I want to urge all to pray. Pray realistically. Tell your Beloved your problems. Tell Him your



Photo courtesy of Taleah Vaid

dreams and hopes. Tell Him the things you know you want to change, but maybe do not have the courage to change on your own. But be honest. For just one moment forget what others have said about what to pray for or what not to pray for. For a moment forget about the right or wrong way to pray. This act of praying is devotional service!

Just open your heart and be completely vulnerable, honest and raw with your Beloved. And see how They reciprocate. Pray like your love depends on it. And watch the miracles unfold in your life.

“Bhaktivinoda Thakur knows neither religion nor irreligion. He simply desires that all his activities become conducive for Your devotional service” — *From the song Tuva Bhakti-Anukula by Bhaktivinoda Thakur in his compilation: Saranagati (Surrender).*

Those moments when you pray are the few moments where you don't have to be anything other than a soul in love with our Supreme Beloved trying to navigate this material experience that we are all having here. You don't

have to be strong. You don't have to be in charge. You don't have to know all the answers. You don't even have to have a plan. You just have to be you. Completely open and in love with Love. Allow Love to take the lead. Allow our Beloved to take charge for just those few moments and see how recharged you feel afterward.

We even have to know that not every single answer to our problems will arrive at that moment, but it is enough to know that Love has our back and that our Beloved is always protecting us, in all respects.

These few minutes could very well change your entire life.

Pray with me.
Until next time!

Acyuta Gopi is a disciple of His Holiness Radhanath Swami. She serves at the ISKCON Brooklyn Temple as a Pujari, Sunday School Teacher, and Kirtaniya. She has recently published a book, Prema Mala. You can follow her on Facebook (Acyuta Gopi), Instagram (lowercase.gopi) and acyutagopi.me

Dear Bhagavatam

When there is no other glimmer of light
And the clouds of illusion cover my power of sight
Your every word illuminates my path from within
And You give me the faith to let my journey begin

When the unceasing rain of this world starts
It drips through the holes in the ceiling of our hearts
Yet You embrace me in Your pages
Under the protection and shelter of the great sages

I have given You my trust
And You have gently cleared my heart from dust
The turn of each page gives me life like Krishna's loving gaze
And for that, my dear *Bhagavatam*, I give You my praise

May I surrender to each word
May each pastime reveal the spiritual world
May I spend my life being guided by You
Because I realize that no one can love like You do

As every lovingly devoted soul prays
We learn and hear about how Krishna plays
I beg my mind never strays
And that my simple faith in You always stays

By Mukundanghri Das
Friday, 14 February 2020

Epilogue: Inspired by every soul who has ever shared their personal story of taking shelter of the holy name and *Srimad Bhagavatam* with me. I cannot express my gratitude to you all enough. Thank for being close friends in *sadhana bhakti*.



More-ish Cinnamon Buns

The Vaishnava Chef

By Chandrasekhara Das

Dough Ingredients

½ cup butter, melted
480ml warm milk
½ cup caster sugar
2 ¼ tsp instant fast acting dry yeast
5 cups cake flour
1 tsp baking powder
2 tsp salt

Filling ingredients

¾ cup butter, softened (room temperature)
¾ cup brown sugar
2 Tbls cinnamon powder

Cream cheese drizzle ingredients

120g cream cheese, softened (room temperature)
4 Tbls melted butter
4 Tbls milk
2 tsp vanilla essence
½ cup icing sugar
½ cup chopped pecan nuts or flaked almonds (optional)

Method

In a large bowl whisk together warm milk, melted butter and sugar. If the mixture is too hot then allow to cool slightly to 37°C – 43°C. Stir in the yeast into the warm mixture. After ten minutes the mixture should be frothy indicating that the yeast is active. Add four cups of the cake flour to the milk mixture and mix together

until combined. Cover with a kitchen towel and set aside in a warm place to rise for one hour or until double in size.

Add the remaining one cup of flour, baking powder and salt to the well risen dough. Knead the dough lightly on a well-floured surface until the dough loses its stickiness, using addition flour as necessary.

Roll the dough out into a large rectangle one centimetre thick. Mix the filling ingredients together and spread over the rolled out dough. Roll up the dough like a Swiss Roll pinching the seam closed. Place the log seam side down and slice into two equal logs. Slice each log into seven equal pieces.

Grease two 20cm cake tins. Place seven cinnamon rolls into each cake tin; cover with a cloth and allow to rise for 30 minutes. Preheat oven to 180°C and bake the cinnamon rolls for 25 minutes or until golden brown.

Whisk together the cream cheese icing ingredients until smooth and runny. Drizzle over the cream cheese icing onto the warm cinnamon buns. Sprinkle over chopped pecan nuts or almonds. Offer to Krishna with love and then serve.

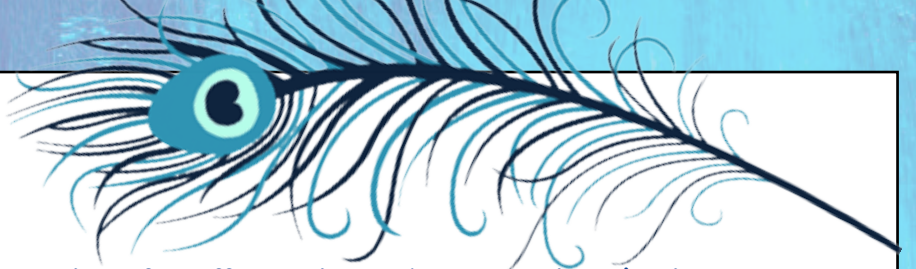
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Krishna Word Search

For the Kids

By Devaki Radhika Devi Dasi



Day after day we find ourselves searching for different things. From pencils to books, to answers or even friends. But how often do we search for Krishna? We should always try to see the Lord's hand in everything that happens in our lives. We can also see the wonder of the Lord in many things around us, like beautiful lakes and forests. There are lots of things all around us that can remind us of Krishna, such as cows, flowers, and even the colour blue. We should always be looking out to see Krishna's wonder, beauty, mercy, and devotees.

Look for Krishna's names and devotees in the following word search.

KRSNA
BALARAMA
ARJUNA
NITYANANDA
GOVARDHANA

VISNU
GAURANGI
RADHA
PRABHUPADA
GOPALA

HARI
MADHAVA
VASUDEVA
MAHAPRABHU
GIRIRAJ

GOVINDA
CAITANYA
RAMA
TULASI
DEVAKI

A	M	A	R	J	A	G	C	F	I	B	Y	N	Q	I	S	W	A	F	R
Y	Q	H	X	N	O	B	K	I	T	V	U	N	S	I	V	D	Y	Y	Y
S	Y	B	X	Q	O	Y	Z	H	A	N	A	H	D	R	A	V	O	G	S
H	F	J	U	H	B	A	R	P	A	H	A	M	V	P	N	D	B	G	B
K	J	V	H	F	T	Z	B	J	M	B	S	A	U	C	U	G	H	F	L
S	A	A	U	D	E	V	A	K	I	M	N	H	K	C	J	V	U	T	U
P	A	O	R	K	B	H	L	O	L	I	B	A	G	L	R	B	S	U	C
Z	F	W	N	I	H	R	G	J	T	A	V	X	A	M	A	M	M	T	G
A	J	A	B	F	R	E	Q	Y	R	A	A	R	M	Q	S	O	W	A	O
I	D	M	C	S	E	I	A	P	H	J	S	U	T	A	E	E	U	I	D
F	J	A	V	E	C	N	G	D	R	T	U	K	A	N	S	R	K	Y	U
G	E	R	R	G	A	A	A	X	S	Z	D	H	G	Z	A	F	P	I	O
Q	G	A	J	N	O	M	I	D	H	S	E	W	A	N	T	O	E	I	L
B	U	L	D	M	H	V	T	T	W	F	V	I	G	O	A	B	A	R	C
U	L	A	R	T	N	K	I	K	A	K	A	I	P	A	A	H	C	Y	N
V	N	B	I	H	A	F	G	N	X	N	Q	C	K	S	O	I	D	R	E
O	M	A	H	S	E	B	F	N	D	L	Y	E	U	Z	N	T	Y	A	M
Z	W	A	B	N	D	A	L	Y	M	A	V	A	O	A	R	G	V	G	R
L	R	K	G	O	P	A	L	A	E	A	C	S	X	X	C	L	E	T	E
I	I	S	A	R	S	I	Z	I	R	Y	C	Y	T	U	L	A	S	I	P



CANCELLED!



21 MARCH

SATURDAY
9am - 2:30pm

Kids Play Zone

HARE KRISHNA TEMPLE
50 BHAKTIVEDANTA SWAMI CIRCLE, CHATSWORTH
lotusmarket108@gmail.com



Sri Ramanujacharya's
Appearance
Sunday 29 March



Sri Rama Naumi –
Appearance of Lord
Ramachandra (Fast until midday)
Thursday 2 April



Sri Hanuman Jayanti
Tuesday 7 April



Sri Nrsimha Chaturdasi
– Lord Nrsimha's
Appearance (Fast until noon)
Wednesday 6 May



Sri Gadadhara Pandit's
Appearance, Wed 22 April



Akshaya Tritiya
Sunday 26 April



Appearance of Radha
Kund, Thursday 7 May

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Ekadasi
19 March | Thursday
Break fast
20 March | Friday
09:00 - 10:01

Ekadasi
4 April | Saturday
Break fast
5 April | Sunday
06:09 - 10:01

Ekadasi
18 April | Saturday
Break fast
19 April | Sunday
06:17 - 10:02

Ekadasi
4 May | Monday
Break fast
5 May | Tuesday
06:27 - 10:04

Ekadasi
18 May | Monday
Break fast
19 May | Tuesday
06:36 - 10:06

Fast from all grains, beans and legumes. | This fast awards spiritual benefits and detoxifies the body and mind.