



INTERNATIONAL SOCIETY FOR KRISHNA CONSCIOUSNESS
FOUNDER ACHARYA HIS DIVINE GRACE A. C. BHAKTIVEDANTA SWAMI PRABHUPADA

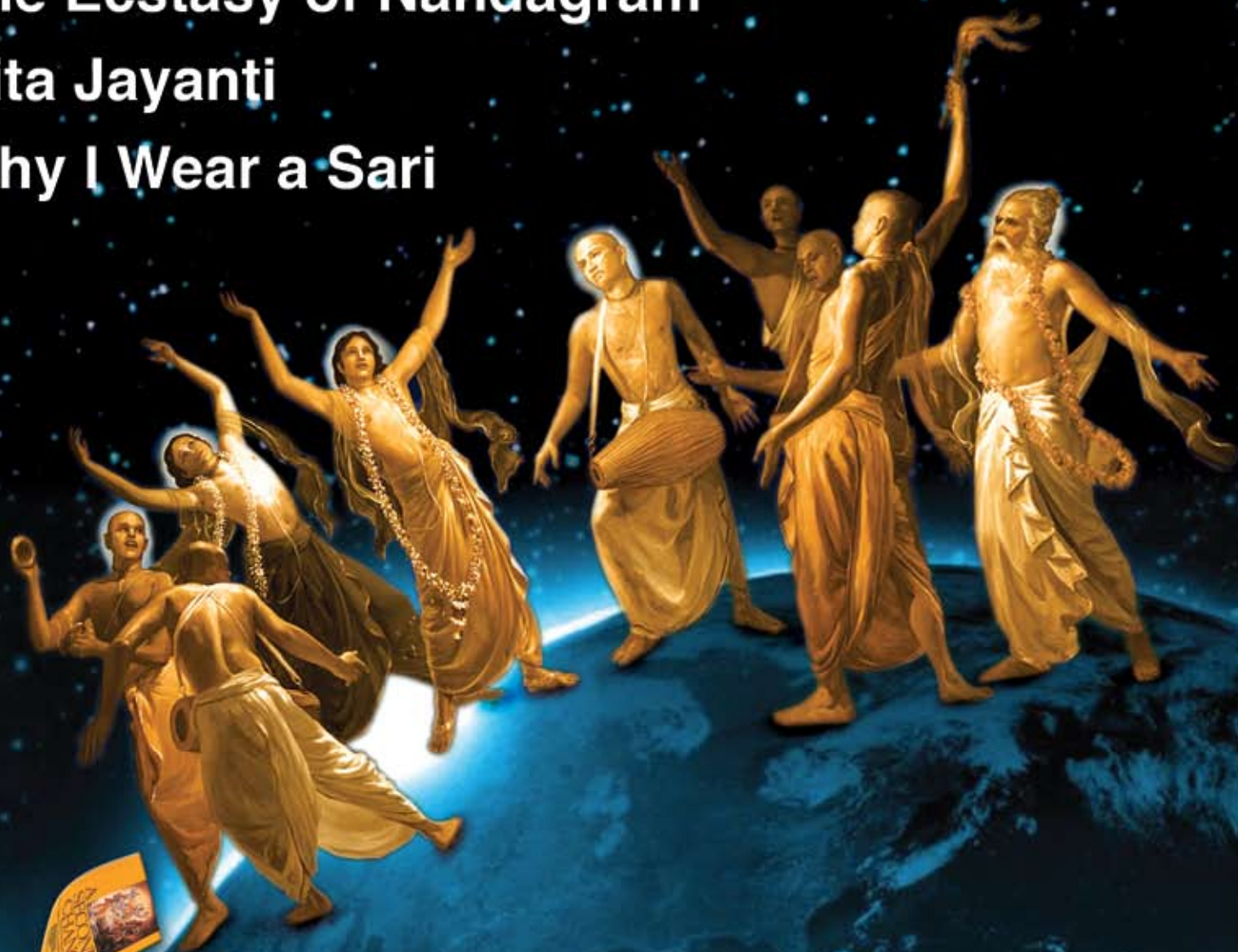
HARE KRISHNA NEWS

November/December 2010

The Ecstasy of Nandagram

Gita Jayanti

Why I Wear a Sari




6000 Copies



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Editor's Note

Dear Reader,

Hare Krishna! In this edition of Hare Krishna News we focus on book distribution. Most of you may have had the experience of while in the course of your shopping being stopped by a Hare Krishna devotee selling Srila Prabhupada's books. Many have found this offensive and one might wonder why we do this. Isn't it humiliating? I have personally distributed books for about ten years and have met all kinds of people—some distracted, some grumpy, some interested, some outright nasty and a lot unhappy. Why do we put up with it?

We place so much emphasis on education. An important aspect of success is a good education. To be in the know is to get ahead. While knowledge of a particular field can make you an expert, it only nourishes the external body—our home, family and body. What about the soul? How do we feed our soul? Many of us are not even aware of it yet without it, there is no life. Srila Prabhupada created ISKCON with seven purposes in mind. The first purpose is, "To systematically propagate spiritual knowledge to society at large and to educate all peoples in the techniques of spiritual life in order to check the imbalance of values in life and to achieve real unity and peace in the world."

Knowledge is power and knowledge of the soul and our relationship with the Supreme Soul, Krishna, is the king of knowledge. This kind of knowledge brings balance and perspective into our lives. We must become convinced about the science of the self and God. Srila Prabhupada said, "Religion without philosophy is sentiment, or sometimes fanaticism, while philosophy without religion is mental speculation." Therefore we make it our priority to educate and thus liberate!

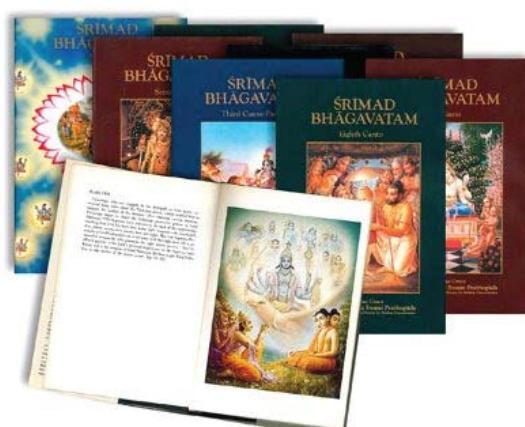
The next time a devotee from ISKCON stops you on the street, shopping mall, or pays you a visit at home think carefully before you try to avoid them...this knowledge will set you free.

I hope this finds you in the best spirits.

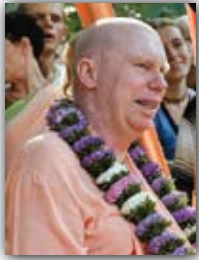
Rasa-sthali Dasi

Assistant Editor

SRILA PRABHUPADA BOOK MARATHON 2010




Messages from Senior Devotees



Dear Devotees,

Please accept my best wishes. All glories to Srila Prabhupada.



Shortly we will be starting Srila Prabhupada's Marathon, 2010. It is a wonderful and very sacred event, a gift given to us by Srila Prabhupada to give us the opportunity to surrender more to Lord Caitanya and Lord Nityananda, and in this way make tangible spiritual progress.

We are called the Hare Krishna Movement. This means that we are not static, but rather we are going somewhere. It means we are active and not passive. Krishna consciousness is not like a spectator sport in which you come along and sit around while you watch others do whatever is to be done. Krishna consciousness is for full participation. We are all part of the programme, and the more we can embrace this idea and absorb ourselves in that mood, the more we will experience transcendental pleasure ourselves. As Lord Caitanya said:

ceto-darpana-marjanam bhava-maha-davagni-nirvapanam
sreyah-kairava-candrika-vitaranam vidya-vadhu-jivanam
anandambudhi-varadhanam prati-padam purnamrtasvadanam
sarvatma-snapanam param vijayate sri-kṛṣṇa-sankīrtanam


“All glories to the Sri Krishna sankirtana movement. It cleanses the heart of all the dirt accumulated for many lifetimes and puts out the fire of repeated birth and death. It is the ultimate of all transcendental knowledge, it increases the ocean of transcendental bliss, and it gives us a taste of the nectar for which we are always anxious.” (Siksastakam 8)

Please dive into the ocean of book distribution during this marathon. You will be helping the fallen conditioned souls, pleasing Srila Prabhupada, and doing yourselves a great transcendental favour.

Hoping this meets you well.

Your servant,

Bhakti Caitanya Swami




I am delighted to know that you are ecstatically engaged in the distribution of Srila Prabhupada's books. The instructions of Sri Caitanya Mahaprabhu are the most important message for this world and they have been presented in a most systematic and scientific way by Srila Prabhupada. The world is facing immense degradation, which is leading to inconceivable misery. The only solution to this problem is Krishna consciousness.

Therefore, the distribution of Srila Prabhupada's books have transformed our lives and freed us from the miserable influence of the age of Kali. The individual effect, if applied in a larger sphere, can grant inconceivable collective results. It is therefore essential that the entire world has the opportunity to receive the mercy of Srila Prabhupada, and the most effective way to deliver it is through Srila Prabhupada's books. I wish you all the best in distributing this priceless treasure and benediction to all the fallen, conditioned souls.

Yours in the service of Srila Prabhupada

Bhakti Caru Swami


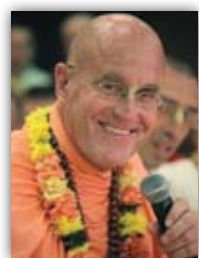


The time has come again for us to try to distribute some books for the pleasure of Srila Prabhupada. This marathon is a unique occasion where we can put aside our own personal interest and engage in the topmost activity of distributing Srila Prabhupada's books. Of course, we have to maintain our minimum hearing and chanting, but the marathon is an occasion to extend ourselves for the pleasure of Srila Prabhupada.

Therefore, meditating on this, we should try to distribute as many books as we can during this Srila Prabhupada Book Marathon.

Your servant

Partha Sarathi Das Goswami



Remember, "Marathon" means just that: extra special effort on our part to go out and preach, or support the preachers back at the temple by doing extra service. Don't let this opportunity pass you by. If you haven't been assigned a specific service for the marathon, be you a temple devotee or congregation member, come forward and ask your temple president for service on the marathon.

You will be doing the right thing at the right time, in the right place! Don't forget: you South African devotees have a wonderful advantage over the rest of us in Eastern Europe and Russia—we'll be distributing in sub-zero temperatures in the snow...and you'll be distributing in sunny South Africa.

I wish you all the best on Srila Prabhupada's Marathon.
A rain of mercy is about to descend on South Africa!

Your servant

Indradyumna Swami



PROFILE: Life and Teachings of Sriḷa Bhaktisiddhanta Sarasvatī Thakura (In celebration of his disappearance day) By Gaura Nitai Das



In the year 1874, February 6th, at 3.30pm, in the holy land of Purusottama Ksetra, not far from the temple of Lord Jagannath, Sriyukta Bhagavati Devi, the wife of Sriḷa Bhaktivinoda Thakura, gave birth to a baby boy. He was named Bimala Prasad (one who has the mercy of Bimala Devi, Lord Jagannatha's consort). Bimala Prasad was born with his umbilical cord wrapped around his neck like a brahmana thread! An astonishing pastime occurred when he was just 6 months old: the giant Ratha-yatra cart was in procession, and came to an abrupt halt at his parent's home. Even with hundreds of men straining to move it, it would not budge! It was only until the exalted Bhaktivinoda Thakura requested his wife to take the child to Lord Jagannatha that the most charming thing happened—Lord Jagannatha's garland fell from His neck onto the baby. Only then did the cart start moving!

The "Vaikuntha Man", as Sriḷa Bhaktisiddhanta was fondly known, had arrived in the material world with the exclusive mission of spreading Lord Caitanya's teachings all over the world. In preparation, he took a great vow of chanting one billion holy names! His calculation was that if he chanted 3 lakhs (192 rounds) per day for 9 years, then he will chant 1 billion names of God. This is indeed awesome yet it was only to teach by example. By following the prescribed yuga-dharma (chanting the maha-mantra), we become empowered by Lord Caitanya. What was His Divine Grace Bhaktisiddhanta Sarasvatī Gosvami's greatest achievement? He established the Gaudiya Math, a

powerful Vaisnava society all over India. He fearlessly challenged the impersonalists, who believe that God is light and firmly established that God (Krishna) is a person and we can have an intimate personal relationship with Him. He also expressed his desire for a spiritual movement throughout the world. Later, his follower His Divine Grace A. C. Bhaktivedanta Swami Prabhupada carried out this order and founded the International Society for Krishna Consciousness. Sriḷa Prabhupada often quoted his Guru Maharaja's instruction, "If you ever get money, print books!"

Sriḷa Prabhupada not only fulfilled this order, but taught us how to please his spiritual master, through the READING and DISTRIBUTION of his books. And, if we please Krishna's pure devotee, we are guaranteed pure devotional service, sooner or later! Finally, the best way to please both Prabhupada and Sriḷa Bhaktisiddhanta Sarasvatī Thakura is for everyone reading this article to enthusiastically distribute books during Prabhupada's Christmas book marathon. At about 5.30am, Thursday, 1st January, 1937, Om Visnupada Paramahansa Parivrajakacharya 108 Sri Srimad Bhaktisiddhanta Sarasvatī Gosvami Maharaja Prabhupada left this mortal world and entered the eternal pastimes of the Divine Couple, Sri Sri Radha Radhanath. As we stand poised, with our hands in the anjali (palms joined) position, ready to offer puspā (flowers) to him, let us meditate on this remarkable Gaudiya Vaisnava Simha (lion) guru, and seek his blessings.

On Real Welfare Work

From Kṛṣṇa Kathamṛta Bindu Issue no. 15

Pandit Shyamasundar Chakravarty: What do you mean by the term, jive-daya, kindness to other creatures? Is it not the offering of help in the form of supplying food, clothes, etc.?

Sriḷa Bhaktisiddhanta Sarasvatī Thakur: We shall offer such help to those who, after having faith in God for several births, have begun service to God. We should feed and clothe the needy and do them other benefits in order to make them serve Hari; otherwise, what is the need of nourishing a snake with milk and bananas? That is not kindness, rather it will entrap men with maya or tempt them towards nihilism. The kindness that Sri Caitanya Mahāprabhu has shown to the jivas eternally absolves them from tritapa, all of the three types of distress. That kindness does not produce any evil, and the jivas who have gotten it will not be victims of the evils of this world. Rather, they will swim in the nectarean ocean of love, eternally enjoying its sweetness.



Gita Jayanti

Celebrating the Advent of Bhagavad-gita (The Song of God)

By Nikunja Vilasini Dasi

When the Supreme Lord speaks, it is like music or poetry. When He instructs and teaches through His devotees, it is for the benefit of humanity and when He dispels our ignorance by His profound words, it is out of His divine love and compassion. It was in this way that Lord Krishna, the Supreme Personality of Godhead, spoke the Bhagavad-gita to his dear friend, disciple and devotee, Arjuna. This sublime song of God is renowned as the jewel of all the Vedas, the essence of all scriptures and the supreme spiritual guide to attain the perfection of life.

Srila Prabhupada, the founder-acarya of ISKCON, presented the Bhagavad-gita As It Is, without the slightest change or adulteration – as Lord Krishna spoke it five thousand years ago and as Arjuna understood it. The proof lies in the transformation of millions of lives throughout the world after reading the Bhagavad-gita As It Is and applying Lord Krishna's valuable teachings so clearly delivered by Srila Prabhupada.

Gita Jayanti, the day that Krishna spoke Bhagavad-gita, gives us the opportunity to celebrate this auspicious occasion by dedicating our lives in following the sublime

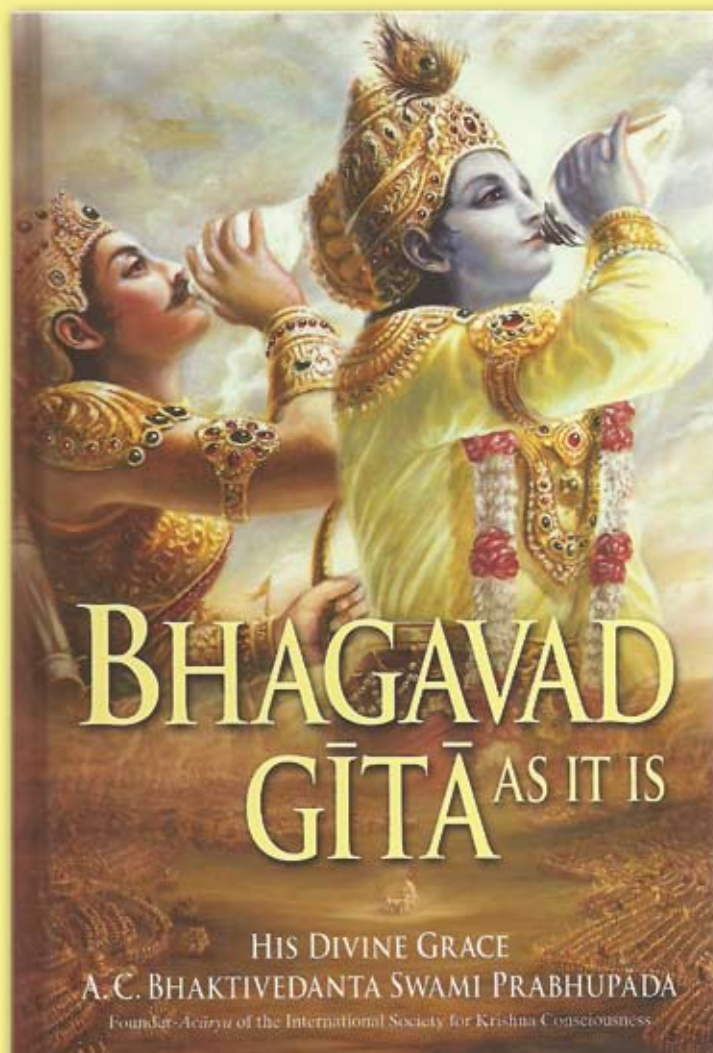
message of Sri Krishna and distributing it to others.

"Always think of Me, become My devotee, worship Me, and offer your homage unto Me. Thus you will come to Me without fail. I promise you this because you are My very dear friend." (Bg.18.65)

"Always chanting My glories, endeavouring with great determination, bowing down before Me, these great souls perpetually worship Me with devotion." (Bg. 9.14)

On this Gita Jayanti let us glorify Krishna by chanting His holy names, which is the real fulfilment of His ultimate instruction in the Bhagavad-gita and the best and easiest way to think of Him. The real essence of the celebration is to bring more people to Krishna, to the wisdom of the Gita.

"For one who explains this supreme secret to the devotees, pure devotional service is guaranteed, and at the end he will come back to Me. There is no servant in this world more dear to Me than he, nor will there ever be one more dear." (Bg 18.68-69)



JOIN US FOR THE

Bhagavad-gita Recitation

**VENUE: SRI SRI RADHA
RADHANATH TEMPLE**

DATE: 17 DECEMBER 2010

TIME: 4:15PM-7PM

**BHAGAVAD-GITA SPECIAL
(ON GITA JAYANTI)**

R55

NORMALLY R75

**AVAILABLE IN THE TEMPLE
ROOM ONLY**

1 PER PERSON

By Anandamaya Krishna Das

Recently we started an African preaching initiative in Tongaat named Nandagram, in honour of the wonderful owners of the premises the late Nanda Maharaj Das and Yasoda-mayi Devi Dasi.

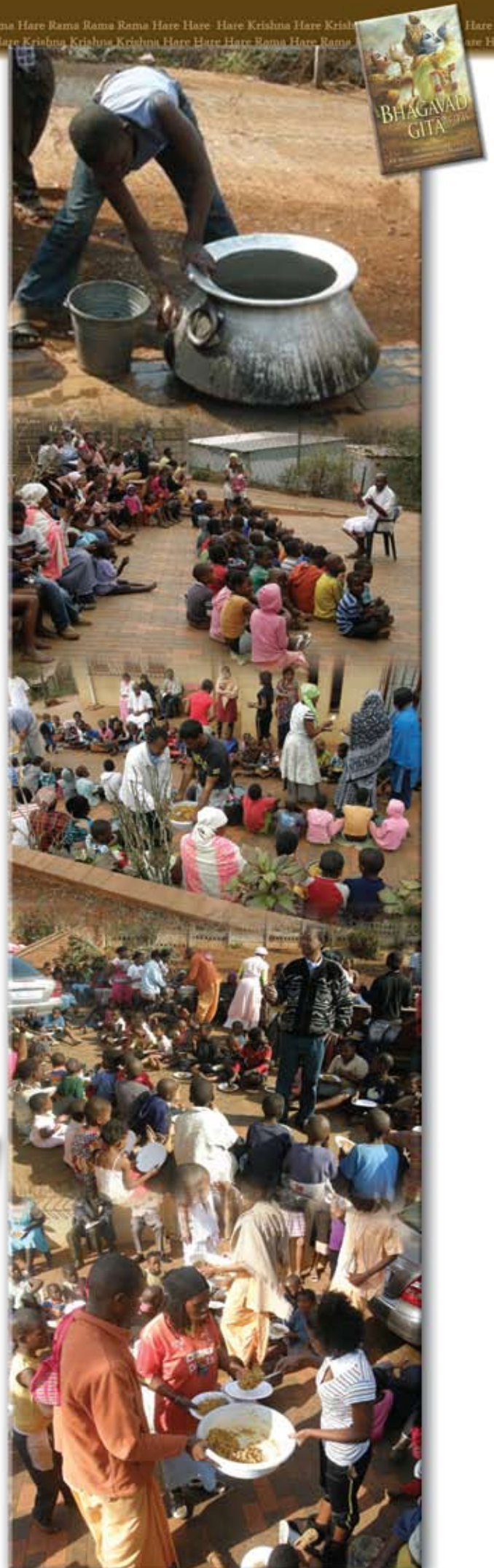
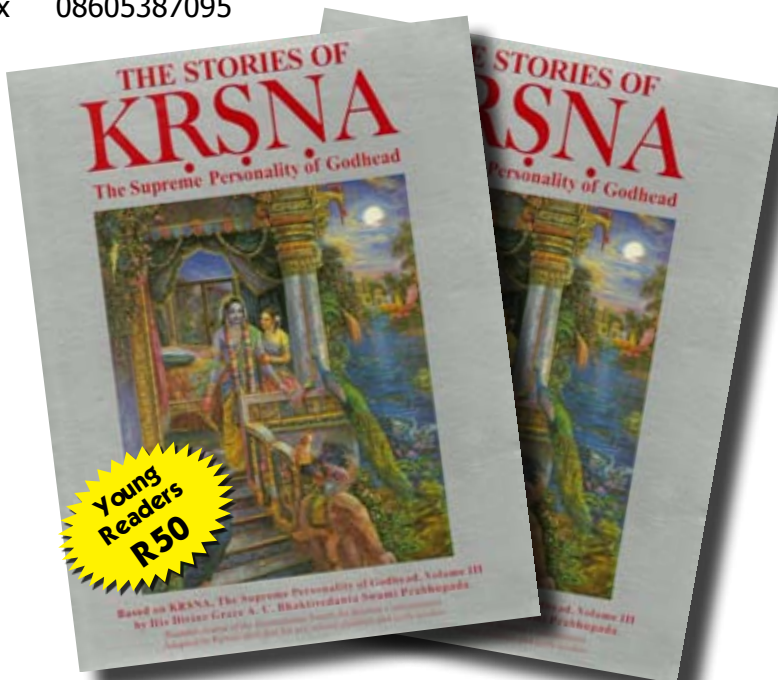
Every Sunday morning we have a programme at 8am beginning with a harinam through the informal settlement adjacent to Nandagram. Our ecstatic harinama party is whole-heartedly welcomed by the community leaders and a modest stage area is arranged for us to address the community. The eager audience, ranging from toddlers to elders of the community, embrace Agracious Prabhu's words who expertly presents the science of Krishna consciousness in their native tongue. An ecstatic kirtan culminates in the temple room where fresh young minds are absorbed in chanting the holy names. Plastic buckets and paint drums play in time with the mridanga as everyone sings the holy name. The crowd then relishes sumptuous prasadam and we also distribute toys to the excited young children.

Due to vandalism all the electrical wiring and fittings including the DB box, geyser and all the water pipes and taps have been stolen. About four months ago we appointed a caretaker to look after Nandagram and since then we have had no incidences.

We are making slow but steady progress. In the next year we plan to declare all schools in Tongaat hunger free. We want to expand into social development with free primary health care at least once a month.

Our heart-felt appreciation goes out to all devotees and well-wishers who have come forward to assist.

Anandamayaa Krishna das
Cell 0837830572
Email AKD.BCS@gmail.com
Fax 08605387095





Kartik Festivals

Ram Avatar Dasa

"Throughout the year I am involved in a feeding programme in Port Shepstone. We feed 400 children a week, every Saturday, whether school or public holiday. For Kartik, we try to increase that number by feeding one school per week! That is approximately 500-800 children per week. This is my vrata for Kartik - to increase the number of Krishna prasada distributed in my local area. Cooking begins at 6am on Saturdays and I complete distribution after 1pm. I try to engage my thoughts in Krishna's service. For me, the most special festival during Kartik is Govardhan puja, which I attend every year."

Gandaki Dasi

"My special observance for Kartik this year is to attend mangal-arati daily come rain or hail! I feel blissful in this way as I begin my day by participating in mangal-arati and tulasi-puja. Also, this month enables me to become far more disciplined as I wake at 3am and leave home, heading to the temple by 4am. I also try to increase my temple services and chant additional rounds of japa."

Vaisnava Kitchen

SWISS ROLL



Ingredients:

1 cup self-raising flour
1 tsp baking powder
½ tsp bicarbonate of soda
½ can condensed milk
1 tsp vanilla essence
60ml melted butter
75 ml water

Filling:

jam
caramel
fresh cream
or any filling of your choice.

Method:

Sift dry ingredients in a bowl.

Whisk all wet ingredients in a separate bowl until smooth, add to dry ingredients and mix well.

Line a 200mm x 300mm Swiss roll tin with grease proof paper.

Spoon mixture into pan and smoothen edges.

Bake for 5 min on 190° C then 10 min on 180 ° C

Allow to cool and turnout onto a slightly damp clean dish cloth

Spread with filling, and roll up tightly with the help of the towel

Let it cool wrapped in the towel. Unwrap.

Dredge with castor sugar, or decorate with the remaining filling, or icing according to your preference.

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Book Distribution Club By Palika Devi Dasi



We have heard of book clubs before...people get together and share thoughts on a particular book. But what is a book distribution club? Often we hear people say, "You've got to read such and such book! I will lend you mine or you can get a copy at the local book store." We naturally want to share something that has an impact on us.

When I first read Srila Prabhupada's books, I felt a profound difference in the unique presentation of the philosophy as compared to anything I have previously read. It was precise in presentation and seemed like, for the first time ever, the spiritual realm had manifested in my heart. This made me want to read more, get more involved with ISKCON and naturally share the rare good fortune I had received with everyone.

Srila Prabhupada himself was enthusiastic to see his books distributed. He knew the value of the books and knew it could turn people to Krishna and help them achieve true happiness. He gave special and clear instructions to devotees of the Hare Krishna Movement. He writes, "There is no doubt about it, to distribute books is our most important activity. The temple is a place not for eating and sleeping, but as a base from which we send out our soldiers to fight with Maya. Fight with Maya means to drop thousand and millions of books into the lap of the conditioned souls. Just like during war time the bombs are raining from the sky like anything." (Letter to Ramesvara, August 1973)

This sparked the idea of working in a collective manner to successfully carry out this all-important instruction. My mind started to reel as to how we must become seriously determined to please Srila Prabhupada. Not only was it Srila Prabhupada's desire but also his spiritual master's desire: "And he (Srila Bhaktisiddhanta Sarasvati Thakura) told me personally that 'If you get some money, print books.' Therefore I am stressing on this point: 'Where is book? Where is book? Where is book?' So kindly help me. This is my request. Print as many books in as many languages and distribute throughout the whole world."

This is the inspiration for the Srila Prabhupada Anuga Book Distribution Club (SPABDC) at the Sri Sri Radha

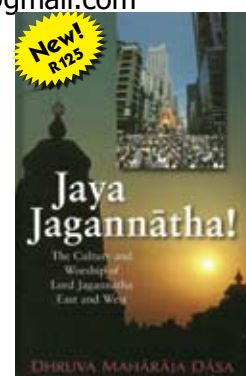
Radhanath Temple. Our youth showed great enthusiasm and I became enlivened to move forward quickly and strike while the iron is hot! Enthusiasm, after all, is infectious.

SPABDC Mission Statement

- To increase the participation of people from all race groups and faiths whilst not neglecting those currently involved and interested in service to Srila Prabhupada and Their Lordships Sri Sri Radha Radhanath.
- To collectively distribute as many of Srila Prabhupada's books as possible to everyone, thereby creating the great fortune of coming into contact with Srila Prabhupada and his teachings.
- To link with like-minded individuals who share the vision of seriously distributing Srila Prabhupada's books.
- To inspire and train our youth to distribute Srila Prabhupada's books, fostering better understanding and a closer relationship with him.
- To reach a target of distributing 10 000 books per month.

Our first month's distribution is 1022 books. Apart from sponsored books, our enthusiastic youth went to the Clairwood Fresh Produce Market and Durban City Centre on the 23rd October and to the FNB Diwali Festival on 30th October 2010 and distributed an excess of 300 books! Thank you to all our sponsors for making this programme a success.

If you would like to get involved either through sponsoring books or joining us distribute books then please contact: Palika Dasi at 084 555 6111 or email: anandatirthadas@gmail.com



Vedic Observer: Why I Wear a Sari By Rambhoru Devi Dasi



While in India recently I inquired from a Mohammedan gentleman why their women are ardently concealed behind a curtain of cloth, which often completely covers their faces? He replied, "If you have a valuable diamond, which to you is precious and dear, how will you keep it? Will you store it in an old cardboard box in the backyard rubbish heap? No, naturally, you will protect it by putting it safely and securely in a place where the untrustworthy can neither see it nor steal it. Our women are very important to us; they are the personality behind a happy household. We know that if they flaunt themselves in public, they will be misled, and then the foundation of our society will be ruined."

My mouth dropped open; I was speechless. The Muslims, like the Hare Krishnas, obviously have this question repeatedly asked to them by "non-believers", and this gentleman had a poignant answer. He was not intimidated by the query, rather he proudly made this presentation on behalf of the women in his community.

Srila Prabhupada wanted the women in his movement to cover their bodies in a chaste way and taught his spiritual daughters how to wear the sari. He also specified which wrap we should use. Wanting his followers to represent the highest class in the social order and to set an example for the rest of the world to follow, he had taught his women followers to use the sari-wrap worn by brahminis for temple service.

A Vaisnava should wear only pure fabrics, for example, cotton, wool or silk. Since synthetic fabrics are derivatives of plastic and will not absorb water, they are virtually impossible to clean. That "cleanliness is next to Godliness" encourages a devotee to surround herself with the

purest environment possible. This protects us from the modes of passion and ignorance, which can bewilder the intelligence and keep us bound in this material world.

A woman covering her body chastely in a sari is a declaration that because she is Krishna's maidservant, she is not interested in capturing men by her material form. In that sense she is no longer a "devil in disguise", someone out to capture the weak, but someone who is a well-wisher, a "mother" or one who cares for others. She desires that everyone achieve the highest goal in life, to go back home, back to Godhead; that they not remain conditioned by material illusion, mesmerized by the decorations of the dead body.

The sari is not only a chaste covering for a woman's body, protecting her from unwanted lusty gazes, but, it is also a "spiritual uniform." Just as the policemen are identified by their uniform, the devotee's dress identifies her as a person who can give spiritual instruction and shelter. Therefore, people should be able to identify the devotees as members of a spiritual institution.

I find that wearing a sari encourages people to ask about the sari and ISKCON. One simple reason I continue to wear a sari is that I know it is pleasing to Srila Prabhupada. He was fond of saying "The dhoti makes the devotee!" which indicates that wearing devotional clothes effects a spiritual transformation. Knowing that Srila Prabhupada is our ever well-wisher and eternal protector, to please him, I tolerate seeming inconvenience of wearing a sari.



Syamarani Dasi Photo by Sri Naktul Das

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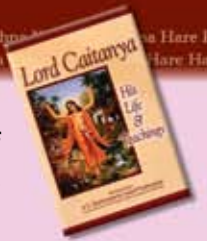
Speaking Your Truth

By Rukmini Devi Dasi

The knowledge contained in just a page of Srila Prabhupada's books is enough to armour any fledging devotee with sufficient understanding and conviction to defeat great materialists.

A university education can get you many things; one of them is exposure to too many commercial businesses that hound campuses to get students hooked on their products so that their parents' money lands in the pockets of clever businessmen. The youth are a big target market. Sometimes these companies come with a noble approach like a particular shoe manufacturer that brought a giant boot to campus. The point was that students would write on the boot what they thought was the problem in the world today. The best problems (if that makes sense) were chosen and the writers would have to provide a solution. The problems varied from war to global warming and even religion itself.

One devotee in a moment of inspiration raced to the Bhakti Yoga room, grabbed a copy of Divine Nature, and wrote verbatim what is on the back cover. "The real cause for the global environmental crisis is an underlying lack of spiritual understanding. For human kind to have an environmentally sound way of life requires a change of consciousness." The programme hosts were thrilled! It was something that seemed to combine all problems and give a definitive solution. "But what are you doing about it?" asked the host, providing the perfect opportunity for us to advertise our weekly BYS programme and Soul Sessions! They had the courage to take the knowledge that they had gleaned from the writings of Srila Prabhupada and stand up for it. They had the faith that it could contest against anything the material world could offer. Many times a devotee may feel, "Me? Talk about Krishna consciousness? No way!" Yet if there's one thing I've learned from these students, it's that you don't have to know much, even the spiritual ABC's that Prabhupada taught us is enough and therefore we should have faith in them.



AYURVEDA - An Introduction

Ayurveda literally translates as the "science of life" and as such, it is concerned with maintaining the physical health of an individual. Ayurveda is derived from the ancient Vedic scriptures where prakriti and purusha are described. Purusha is God, Krishna, Himself and prakriti is the Lord's external energy or the building blocks of everything in creation. From the Lord Krishna's external energy (prakriti), the 5 elements of ether, air, fire, water and earth are derived and are found in varying proportions in everything in nature, including the human body.

These elements combine into the 3 doshas known as vata, pitta and kapha which are found in varying proportions in the body. Maintaining the balance of these doshas in the body is the key to a healthy and long life. We are born with a specific dosha type, which can be regarded as our baseline dosha. As we go through life, with environmental stressors, incorrect diet, etc. these doshas become imbalanced leading to disease (vikruti). An excess or deficiency of any of the doshas leads to various symptoms that we classify into particular diseases.

Ayurveda uses a combination of metal bhasmas (which are special preparations containing calcinated metal or gemstones), herbs and detoxifying therapies (collectively known as panchkarma) as well as dietary regimens that aim to treat or prevent illness by balancing the disturbed doshas. Spiritual therapies such as meditation and yoga are also incorporated. In essence Ayurveda teaches us to live a lifestyle that is in keeping with our natural doshic structure in order to support a

long and healthy life.

In the next issue, we will be focusing on the qualities of the 3 main doshas. We will also look at the main pure herbs used medicinally in Ayurveda.

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YOUNG VAISNAVA COLUMN

Symbols In The Temple Design

The Magical Sri Sri Radha Radhanatha Temple - By Kribashne

Do you know that the design and layout of the Sri Sri Radha Radhanatha Temple has special significance? Do you know that every shape—the windows, the domes, the gardens and entrances to the temple have a hidden message? The design of the temple incorporates three aspects of ISKCON: traditional (old trends), contemporary (current trends) and futuristic (looking into the future)!

A traditional aspect is the three domes of white and gold. The biggest dome has windows in the shape of large Vaisnava tilaka which is a symbol of Vishnu and the top of the dome rests a traditional Vishnu chakra (wheel of God). The ground floor and first floor of the temple building is made of a continuous array of windows. This showcases the busy and chaotic lives that many people lead. The visual effects of these windows show hastiness and the fast pace of the modern world.

The basic shapes used are circles, triangles, squares and octagons. These shapes are linked to Vedic scripture

where the circle represents the mode of ignorance, triangle represents the modes of passion (karma), square the mode of goodness and octagon represents the symbol of Vishnu. Upon closer inspection, you will see that the stainless steel roof of the temple takes the shape of an octagon.

The temple boundary walls separate the material world from the spiritual world, hence, when we enter the temple we experience the spiritual world! The four entrances represent the four yugas. However, the most significant is the entrance which leads onto the bridge – which links directly to the front entrance of the temple. This is the gate of bhakti-yoga – indeed this is true! From the ground to the top of the chakra is 108 cubits high which is equivalent to a 12 storey high building. The temple garden takes the shape of a lotus flower and the moat surrounding the temple symbolizes the cycle of birth and death in this material world.

Look out for these features on your next visit to the temple!

“SPOT THE AREA” using the clues provided:

- 1) Symbol of Vishnu, 2) The lotus flower, 3) Bhakti-yoga, 4) Wheel of God, 5) Four ages of existence,
- 6) Separation of material and spiritual world, 7) Describes our hectic lifestyle, 8) 108 cubits high,
- 9) Octagon stainless steel, 10) Symbolic of our life in this material world

(Note Answers on Notice Board)



Photo by Sri Nathji

Notice Board



Congratulations to the recently initiated disciples of His Holiness Bhakti Caitanya Swami.

Kasturi Manjari Devi Dasi, a disciple of HH Partha Sarathi Das Goswami passed away peacefully on Monday, 8 November 2010 at 7:30 am. She spent her last days living in the temple under the care of her daughter Tungavidya Devi Dasi. Her passing was auspicious, having just honoured Radha-kunda water and offered water to Tulasi-devi a few moments before she breathed her last.

Thank you to the Chatsworth Hospice, Sister Beryl and Sister Mano for taking care of Kasturi Manjari Devi Dasi and ensuring her comfort.

Thanks to Lashika Ravjee for the excellent design and layout of this issue of Hare Krishna News

Ombudsman Balaram Das PSDG can be contacted on 0828770753 or balaram@absamail.co.za

If you would like to receive SMS or email notifications about various happenings and updates, email us at: kzn@pamho.net

For general queries call the temple at 031-4033328 between 9am-5pm.

We like to hear from you! Share your temple experience or spiritual realisations or service by writing to Haripriya Dasi at haripriya@nitai.co.za or Rasa-sthali Dasi at rasasthali@nitai.co.za

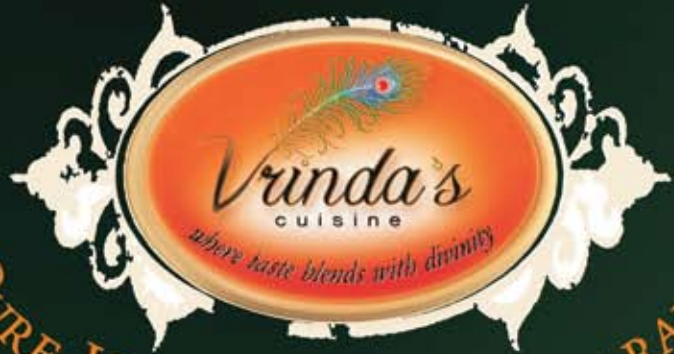
Vaisnava Calendar



22 November 2010	Katyayani Vrata begins. The gopis worshipped the goddess Katyayani to get Krishna as their husband.
2 December 2010	Utpanna Ekadasi. Fast from all grain, beans and legumes.
3 December 2010	Break fast time: 04:47-09:26
17 December 2010	Moksada Ekadasi. Fast from all grain, beans and legumes. Lord Sri Krishna spoke Bhagvad-gita to Arjuna
18 December 2010	Break fast time: 04:50-09:31
21 December 2010	Katyayani vrata ends.
24 December 2010	Srila Bhaktisiddhanta Sarasvati Thakura's Disappearance Fast till noon
31 December 2010	Saphala Ekadasi. Fast from all grain, beans and legumes.
1 January 2011	Break fast time: 04:58-09:38
5 January 2011	Sri Locana Das Thakura Appearance
7 January 2011	Srila Jiva Gosvami Disappearance
16 January 2011	Putrada Ekadasi. Fast from all grain, beans and legumes.
17 January 2011	Break fast time: 05:11-09:47
19 January 2011	Purnima Sri Krishna Pusya Abhishek
24 January 2011	Srila Gopala Bhatta Gosvami Appearance
25 January 2011	Sri Jayadeva Gosvami Disappearance
26 January 2011	Sri Locana Dasa Thakura Disappearance
29 January 2011	Sat-tila Ekadasi. Fast from all grain, beans and legumes
30 January 2011	Break fast time: 06:38-09:53

ANSWERS TO SPOT THE AREA:

- 1) Tilaka – located on the biggest dome
- 2) The garden
- 3) The bridge / main entrance to the temple
- 4) Chakra – located at the top of the biggest dome
- 5) The four entrances to the temple
- 6) Temple boundary walls
- 7) The windows on the first and ground floor
- 8) The height of the temple from the ground to the top of the dome
- 9) Roof of the temple
- 10) Moat – representing birth and death



PURE VEGETARIAN RESTUARANT



The word Vrinda's is derived from Lord Krishna's birth place Vrindavan. Vrinda's Divine Cuisine is the first authentic Indian vegetarian restaurant in Durban. Vrinda's Divine Cuisine was founded by the spiritual master of Iskcon his holiness Shri Bhakti Charu Swami in India. He founded Vrinda's to provide good quality vegetarian food to the community & the under privileged children. Vrinda's is totally a non profitable restaurant where you & your family can have the best Indian & Chinese vegetarian meal. As the part of the Vrinda's family we would like to inform our valuable guests that everything we prepare in our kitchen is totally fresh & authentic Indian food which will tickle your taste buds. So come to Vrinda's & experience the different taste & style of Indian vegetarian food.

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EKADASI**

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11h00 -15h00 Lunch

18h00-22h00 Dinner

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031 262 1843